

## Simple Ways To Support Small Businesses

Offering essential services and highquality products, small businesses help communities and the economy thrive. Small Business Saturday, the Saturday after Thanksgiving, encourages consumers to "shop small," but there are lots of simple and free—ways to support these businesses, too.

An easy first step is to follow their social media accounts. Like and interact with their content, tagging friends on posts you think they'd like. More followers lead to more recognition for a business and widens its customer base.

After a positive experience with a small business, write an online review!



## Selfcare Corner

Self-care is more than just bubble baths and massages. Examples of everyday self-care might include an extra 15 minutes in the morning to take a walk, enjoy a cup of tea, read a book, listen to a podcast, call a friend, write, put down your phone, sleep in or take

a nap.



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"Say thanks every night with a full heart. Each day is a precious gift to be savored and used, not left unopened and hoarded for a future that may never come." -Regina Brett

"Give thanks for everything that happens to you, knowing that every step forward is a step toward achieving something bigger and better than your current situation." -Brian Tracy

"When you rise in the morning, give thanks for the light, for your life, for your strength. Give thanks for your food and for the joy of living." -Tecumseh

## **OFFICE BULLETIN**

**OUR OFFICE WILL BE CLOSED ON NOVEMBER** 24-25,2022

Family games for Atten the Feast

Charades. This classic activity requires players to silently act out a word or phrase for their teammates to guess before the timer runs out. Add a seasonal spin by suggesting festive phrases to guess, such as "turkey" or "parade."

Board and card games. The classics rarely disappoint. Pull out board games you have on hand and vote on which one to play. A deck of cards provides endless opportunities for group fun, from crazy eights to rummy to spoons.

Who am I? Write down the names of famous people, real or fictional, on sticky notes. On each player's turn, they blindly choose a sticky note to place on their forehead. The other players must give clues to help the person guess the mystery identity. Simple, but silly!

These party games are sure to score big points at holiday gatherings.

## ovember MING EVENTS

Harvest Festival, November 5, 2022 Fall Festival at Johns Island County Park with live music, pumpkin decorating, southern foods, crafts, and more

• Oyster Roast, November 6, 2022

Popular annual oyster roast in association with the Edisto Island Open Land Trust, at Sand Creek Farm, Edisto Island

 Charleston Beer Week Finale Party! November 6, 2022 Taste beer from over 25 of Charleston's breweries plus live music, food trucks, local vendors & more! The Garden by Charles Towne Fermentory 1331 Ashley River Road

YALLFest, November 11-12 2022

Annual young adult's literature book festival

 Holiday Festival of Lights, November 11 - December 31 2022 Big annual holiday drive-through lights display at James Island **County Park** 

- Veterans Day November 11, 2022
- Thanksgiving November 24, 2022

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